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## Diane Metcalfe

Diane Metcalfe is an executive coach and board advisor focusing on performance and leadership.

She works extensively with leaders in business and is well equipped given her own experience and having faced many of her clients' challenges herself.

She well understands leadership roles can be lonely places, that typically the greatest challenge in business lies in people, relationships and communication, and that often a coach is the only person in a leader's personal and professional life who has no vested interest.

Diane's mission is to help clients succeed with ease, believing we can be our own worst enemy and often make things more difficult for ourselves than need. Her approach is tailored around the individual but typically involves focusing on self-awareness, self-belief, quality thinking, behavioural change, personal satisfaction and, ultimately, individual and organisational performance. Her coaching relationships are based on mutual respect and trust. She creates a safe and confidential environment in which clients can be themselves. Her coaching is human, considered and conducted in complete confidence.

Diane formally trained as an executive coach through Henley Business School and brings the most up-to-date thinking to her coaching.

She has an MBA, CEO and Board experience. Her strength in business was managing difficult stakeholders, bringing out the best in individual team members and building motivated high-performance teams even in challenging business environments

She is international in outlook having had first-hand experience in London, New York, Paris, Mainland China, Hong Kong, Australia and New Zealand.

Available for 1:1 sessions, group workshops and speaker events.